

Meetings & Incentives Special Interest

Sample Itinerary Programme



4 Days / 3 Nights Gayana Eco Tour

Accommodation: Gayana Eco Resort
Location: Kota Kinabalu, Malaysia

Day One

Upon arrival, guests will have a tour of Gayana Eco Resort. Your stay here will provide an in-depth understanding of the resort's strong commitment to environmental sustainability which is reflected through its environmental educational programme, protection policies, conservation, and restoration programmes.



Later, you will embark on the Marine Ecology Research Centre (MERC) Tour, the heart of Gayana Eco Resort, which is focused on protecting and regenerating the marine ecology. Here you will watch an educational video about MERC, take a tour of the aquarium and touch-tank, and plant and adopt your very own piece of coral! Next you will go on a guided kayak tour where you will paddle deep into the mangroves of Gaya Island, discovering how they play an important role in the marine ecology system. Be amazed at the massive root systems and how they provide a unique and safe environment for many vulnerable organisms. End your day with a nine-course seafood dinner at the Alu-Alu Seafood Restaurant.

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Day Two

You will get your chance to be a marine biologist for a day. Certified divers will get a chance to replant coral and gather broken coral fragments from the sea bed. For non-divers, you will learn to culture Phytoplankton, a microorganism on which many marine animals feed. After lunch, you will go to a boat wreck for a bio rock dive. Certified divers will get to visit three boat wrecks found inside the resort's waters itself, and see Malaysia's first installation of the BioRock Project, a method that has proven successful in accelerating the growth of coral by up to six times. Non-divers can still witness the amazing work done by MERC by visiting the Giant Clam Garden where successfully propagated Giant Clams are transplanted after reaching maturity.

Later, you will visit the Gayana Eco Resort Fish Farm which supports environmental sustainability by supplying the resort with organic farm-raised fish so as not to place pressure on diminishing ocean resources.

Dinner will be a three-course Western fusion meal at the Macac Restaurant.



Day Three

Start your day by feeding giant groupers and king fish. After that, you will be brought for a tour of Bunga Raya Island Resort and Spa, the sister property to Gayana. In this wholly different setting, you will discover the incredible collection of flora and fauna, as well as study the subtle but visible eco values in the development of this property. The tour will end with a cooking demonstration of organic fish on the beach, followed by a BBQ lunch. The rest of the day will be at your leisure. A three-course set Western dinner will be served at the Koi Restaurant.

Day Four

Start off your last day with a trek deep into the jungle and be amazed by the diversity of plant and wildlife that Borneo is world-renowned for. After this exhilarating experience, you will return to the resort to prepare for your check out.

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